Feeding the memory to feed the generations: active elders and well-being

EXPO Milano 2015
European Union Pavillion
3.30 pm - 5 pm

Round table
Feeding the memory to feed the generations: active elders and well-being

Moderator: Giuseppe RIVA, Università Cattolica del Sacro Cuore
Participants:
Fausto COLOMBI, Università Cattolica del Sacro Cuore
Ed DE ST. AUBIN, Marquette University
Per H. JENSEN, Aalborg Universitet
Stefania G. MEDA, Università Cattolica del Sacro Cuore
Galit NIMROD, Ben-Curton University of the Negev
Maria SOURBATI, University of Brighton
Eric WIDMER, Université de Genève

Scientific Committee
Giovanna ROSSI, Lucia BOCCACINI, Donatella BRAMANTI,
Università Cattolica del Sacro Cuore

Organizing Secretariat
Stefania G. MEDA, Università Cattolica del Sacro Cuore

Registration fees
- 50,00 Euros
- 20,00 Euros (students and PhD students)

Fees include a ticket for EXPO Milano 2015, and a light lunch buffet on May 11th, 2015.

Students, PhD and trainees of Università Cattolica del Sacro Cuore have free access to the conference activities after compulsory registration.

The speeches will be either in Italian or English, the round table will be in English.

Registration online:
http://centridiateneo.unicatt.it/famiglia-home
Box "International Conference"

Materials downloadable at: https://anzianiinrete.wordpress.com/conference/

The conference presents the results of the research project "Non mi ritiro: l’allungamento della vita, una sfida per le generazioni, un’opportunità per la società", financed by the Università Cattolica del Sacro Cuore (action D.3.2. 2012)

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Active seniors are given increasing attention in Italy and Europe. Active aging involves both an individual and a social dimension. Choosing to play an active role even in later life is, first of all, a subjective option, that calls into play the full range of physical, psychological, relational, ethical resources of the individual. This option acquires a specific social relevance because, through activity, it is possible for the older person to experience an inter-subjective and pro-social dimension, crucial to the pursuit of a successful social role.

Through the presentation of findings from a quantitative research conducted in Italy and similar analysis at the European level, the International Conference aims to provide a comprehensive reflection on this phenomenon, in particular in terms of intergenerational exchanges, well-being and life satisfaction, use of multimedia technologies, pro-social behaviors and volunteering.

May, 11th 2015
Università Cattolica del Sacramento
Room Pio XI, 9am - 1pm
Opening
Franco ANELLI, Rector,Università Cattolica del Sacramento

Session I
Active aging e scambi tra le generazioni
Chair: Fausto COLOMBO, Director of the Department of Communication Sciences, Università Cattolica del Sacramento

Le reti intergenerazionali degli anziani attivi
(The intergenerational networks of the active elders)
Giovanna ROSSI, University Centre for Family Studies and Research, Università Cattolica del Sacramento

Engagement e soddisfazione dei giovani anziani in Italia
(Engagement and life satisfaction of the young old in Italy)
Donatella BRAMANTI, University Centre for Family Studies and Research, Università Cattolica del Sacramento

Gratitudine e benessere nelle persone anziane
(Gratitude and wellbeing in older adults)
Camillo REGALIA, University Centre for Family Studies and Research, Università Cattolica del Sacramento

Embedded generating one’s family:
How elders shape their family configurations
Eric D. WIDMER, Université de Genève, Suisse

The many flavors of generativity:
How elders nourish and sustain younger generations
Ed DE ST. AUBIN, Marquette University, US

1pm - 2pm Lunch break

Session II
Pro-sociality and voluntary engagement of active elders
Chair: Giovanna ROSSI, Director of the University Centre for Family Studies and Research, Università Cattolica del Sacramento

Active ageing: Prospects and pitfalls
Per H. JENSEN, Aalborg University, Denmark

L’azione volontaria degli anziani attivi in Italia
(Active elders and volunteering in Italy)
Lucia BOCCACIN, University Centre for Family Studies and Research, Università Cattolica del Sacramento

Città metropolitana e senior: Progetti ed esperienze di cittadinanza attiva
(Metropolitan city and older adults: Projects and experiences of active citizenship)
Luigi FERLIN, President Auser Volontariato Milano Onlus
Emilia BORGHI, Vice-President Auser Volontariato Milano Onlus

Relazioni intergenerazionali e impegno pro-sociale negli anziani
(Intergenerational relations and pro-social engagement in later life)
Elena MARTÍA, Giancarlo TAMANZA, University Centre for Family Studies and Research, Università Cattolica del Sacramento

Diversamente giovani: Energie per Milano
(Differently young: Energies for Milano)
Michelino SMERALDI, President ANTEAS Milano

Session III
Technological innovation and wellbeing
Chair: Piermarco ARISI, Director of OssCom, Università Cattolica del Sacramento

Anziani digitali? ICTs, relazioni e vita quotidiana dei giovani anziani italiani
(Digital elders? ICTs, relations and everyday life of the young old in Italy)
Simone CARLO, OssCom - Centro di Ricerca su Media e la Comunicazione, Università Cattolica del Sacramento

May, 12th 2015
Università Cattolica del Sacramento
Room Pio XI, 9.30am - 1pm

Session III
Technological innovation and wellbeing
Chair: Piermarco ARISI, Director of OssCom, Università Cattolica del Sacramento

Anziani digitali? ICTs, relazioni e vita quotidiana dei giovani anziani italiani
(Digital elders? ICTs, relations and everyday life of the young old in Italy)
Simone CARLO, OssCom - Centro di Ricerca su Media e la Comunicazione, Università Cattolica del Sacramento

Room Cripta Aula Magna, 2pm - 5pm